

Sign Up Today: Bright by Text

Bright by Text is a **free texting service** that sends tips, information, and resources to parents and caregivers to **help give their young child a bright start.**

All information is provided by trusted organizations, including the American Speech-Language-Hearing Association, Centers for Disease Control and Prevention, PBS Kids for Parents, Sesame Street in Communities, and Zero to Three.

Keep up with:

- Milestones your child should be meeting at each age and developmental stage
- Everyday activities to support your child's healthy development at home
- Signs of communication, physical, and developmental delays or disorders—and where to find help

The Bright by Text service:

- Is available in English and Spanish
- Offers tips and resources based on the due date or age of a child
- Covers children from prenatal through age eight
- Connects families with local resources and events in their area

Topics include brain development, speech and language skills, social-emotional development, reading and writing skills, nutrition, mental health, school readiness, and more.

For more information about this service, visit www.brightbytext.org.

To learn about communication development and speech, language, and hearing disorders, visit www.identifythesigns.org.

Text **BRIGHT** to **274448**.

